

SECTORAL ACTIVITIES

PRIX EXCELSIOR

Excelsior Awards – 2021 recipients

Five individuals or groups were honoured for their involvement in their training sites or communities on Resident Doctor Day, May 21, 2021. One Excelsior Award was set aside for family medicine, and the others were for one or more representatives of each of the four faculties. The five individual or group recipients received a \$2,500 bursary, along with a certificate.

Hearty congratulations to the recipients!



Dr Antoine Mercier-Linteau, R1, Laval University, family medicine award, developed and set up *Wikimedica*, to facilitate sharing and dissemination of tools for the study of medicine.



Dr David D'Arienzo, R2 in Pediatrics, Laval University, set up pediatric clinics in schools in underprivileged neighbourhoods.



Dr Ariane McDuff and Dr Véronique Riou, R5s in Psychiatry at the University of Sherbrooke, developed a training program comprising workshops for their colleagues, to integrate basic and advanced techniques and theory concerning electroconvulsive therapy (ECT). They implemented this approach after observing some of their fellow residents' reluctance to prescribe or administer ECT, which is nevertheless a procedure of choice in several severe mental disorders.



Drs Minh Thi Nguyen, Christophe Tra, Julian-Khôi-Huu Nguyen, and Pascal Chavannes, R5s in Psychiatry at the University of Montreal, decided to move their department forward by taking concrete steps to detect, understand, and ban the forms of systemic racism found at different levels in our training sites.



Dr Reda Bensaidane, R4 in Neurology, Laval University, set up the Connexions critiques project, to equip CHU de Québec Intensive Care units with electronic tablets, to enable video communication between care teams and patients' families, during the pandemic.

RESIDENT WELLNESS POLITICAL SECTORAL COMMITTEE (CBER)



Dr Alex Vignola, Vice-President FMRQ responsible for Resident Wellness Sector and CBER



Dr Ismahane Ghersi, VP, AMRM



Dr Zoya Chaudhry, VP, ARM



Dr Isabelle Tardif, VP, AMReQ



Dr Fannie Nadeau, VP, AMReS

Sylvain Schetagne, Director, responsible for co ordinating the sector and the CBER's work (FMRQ)